

MAGICAL BEINGS

By The Abbotts

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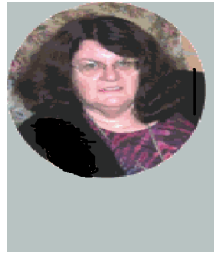
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INTRODUCTION

Like many other people, you may have asked at different times in your life, - "Can fairies be real? Can there truly exist elementals, nature devas and other magical and mythological beings such as unicorns and mermaids? This unique ebook will investigate these intriguing subjects and many other fascinating facts. To truly enjoy this ebook, we recommend that you suspend your skeptical nature for a while, open your mind wide and enjoy the amazing search for the truth!

We shall explore the history and sightings of many of these elusive beings, show you how to safely communicate with them, explore where to find them and increase your psychic abilities with easy to follow exercises, so that contact will become easier.

First a little bit about the authors - [Your teachers](#)



Robyn Abbott is a well-known clairvoyant and channeller who is a trained hypnotherapist, social welfare worker and has been a Spiritualist Minister. She has two published books on psychic phenomena to her credit, plus she is the author of many e-books and courses concerning spirituality and self development.



Tony Abbott is a Spiritual Life Coach, Writer, Clairvoyant and Teacher who has conducted Spiritual Development Groups for both beginners and advanced students of the paranormal, over many years. He felt there was a need for e-courses that an individual or small group, could follow at their own pace, to encourage their psychic/spiritual gifts, teach them about Spiritual matters on an easily understandable level and also be lots of FUN! He runs one of the largest New Age web sites offering free information and low cost ecourses.

Let us first take a brief look at who you actually are, as a spiritually aware human man or woman. In our channellings with higher beings known as Ascended Masters and Angels we have learnt that -

The soul is a vast spiritual energy, which at its top is still attached to God or Spirit. The soul exists on many different levels. You can imagine it as an iceberg. Normally, we only see one tenth of the iceberg, just the tip above the waterline, while underneath is a huge expanse of ice.

Well, the tip of the iceberg is you, in this third dimension (3D) on Earth. This is all most people see - your physical body. But, the true you, is huge and has the hidden powers to link you to the higher levels (4th dimension through to the Godforce on the twelfth dimension).

You are more than a human being with one life. You are a multidimensional being!

On these different levels or dimensions live many unusual beings. The kingdom or level of fairies, elementals, mermaids and many other ethereal beings reside on the 4th and fifth dimensions. Usually they are invisible to us, for we tend only to see things in our own dimension, the third dimension (objects such as people, cars, houses etc). Like spirits or ghosts, they are existing side by side of us, but we just don't ordinarily see, hear or feel them nearby, because our higher senses are not developed!

However occasionally under unusual circumstances, we can break through our 3rd dimensional sight barrier and see, hear and converse with them. In fact, the Higher Masters have told us that, "*Humanity as a whole is raising up from the 3rd dimension to the fourth dimension, an expanding of the spiritual nature of humankind. As you reach the higher levels, you will see many ethereal beings who live there and you will be astonished!*"

You are like a giant iceberg and you are only experiencing one tenth of what is happening around you. The area above water is in the third dimension. Soon you will begin to explore the other 9/10ths (below the surface) and you will find that indeed, you are not and have never been alone!"



Fascinating words aren't they? We wonder just what new beings we will discover and communicate with in the future!

An important aspect of humanity that has never been fully appreciated or feted is that of the Imagination. It is a wonderfully under-rated new Age tool!

As a child, were you often told, to stop 'day dreaming' and become, 'more realistic'? Did you indulge in involved fantasies, where you were an undiscovered princess or had super powers? Did life seem very mundane to you, at times and you often spiced it up, with your own imaginings? If you have answered yes, to any of these questions, then like many people before you, you have discovered the wonderful world of imagination.

Before the time of television, video recorders, computers and electronic pocket games, children were encouraged to make their own entertainment and their imagination, was actively fostered. Children would play 'cops and robbers', pirates and war games, in their backyards or in the streets. Girls particularly, enjoyed playing 'doctors and nurses', 'fairy princesses' and 'mothers and fathers'. Their props would be few - a dolls tea set, a cardboard

sword or a battered doll. Even the entertainment of that time, particularly radio, encouraged the listeners to develop their imagination, as they listened avidly to dramas and comedy shows.

Reading was also, strongly encouraged and the children's books of the time, led the child's imagination, off into fairy worlds and magical adventures.

Today however, many children's television shows and books, deal with family problems of divorce, budding sexuality and crime. Children are encouraged to stay within the confines of the home or apartment and computers and electronic games are a common form of solo entertainment. The modern child is more sophisticated and wealthy, but, her imaginative world is less developed.

Unfortunately, even the most imaginative person soon discovered, that society did not encourage this trait, as they matured into adulthood. Unless, the person was fortunate enough, to obtain a job in a creative type profession, such as a writer, artist or musician, their imaginative processes were soon discouraged. It was now time to grow up, take on life's responsibilities and grow old gracefully! Escape was possible, by reading books, watching television or films, but long term imaginative escapes were thoroughly discouraged. Imagination was seen as a childhood trait not an adult asset.

Yet imagination has always been one of the greatest tools of humankind. Without it, inventions could not be conceived and developed. Unless one can imagine a thing, how can it be built or designed? Fifty years ago, space travel was looked upon, as pure science fiction. Yet a few dreamers believed that it *was* possible for humans, to travel in space and walk upon the moon. Research of all types, medical and scientific, all begin with the imagination of the researcher. As the famous mathematician, Albert Einstein once quoted, on this subject- 'Imagination is greater than knowledge!'

In the same way, if you wish to become an enlightened, spiritual person, you have to believe and imagine, that you can *become* that person. It has been proven that your sub conscious mind, which controls so much of your personality, does not know the difference between you imagining something happening and it actually taking place! For instance, in a flight simulator, the volunteer feels all the emotions, of a pilot in a falling plane. The adrenaline rush, the fear response, perspiration etc. The subconscious is tricked into believing that the event is actually happening, and reacts accordingly, although the pilot is actually safe, within a laboratory machine.

If you wish to gain psychic powers, you have to first imagine yourself, having them, *now*. If you want to contact Spirit Guides and Angels, it helps to be able to imagine how Spirit Guides and Angels may look, speak or feel. People, who have strong imaginative powers, find it much easier to contact Spirit Guides and Angels, channel and develop their spiritual powers.

If you have been brought up with fairy stories, it makes it much easier for you, to see and contact Nature spirits or feel attunement with Mother Earth, (Gaia). If, you have always loved reading science fiction or fantasy stories, you are more open to the world of the paranormal. Your defenses are down. You would love to talk to an Extraterrestrial or a friendly ghost!

Imaginative people are often sensitive to their surroundings. They can feel when a room is warm and inviting or negative and emotionally cold. They are usually more aware of a person's auric field and true intentions. In other words, they are often able to see the 'wolf in sheep's clothing'!

Being imaginative however, does not mean being overly emotional. Emotion can cloud your imagination and take on a negative life of it's own. Imagination does not take a small problem and turn it into a major tragedy, but, emotion does! Detachment and imagination together, are extremely useful aids to developing your spiritual nature.



How then, can you gauge if you are an imaginative person? Try this short exercise:



Sit down and relax with your eyes closed for several minutes.

Now imagine, that you have a fresh lemon in your right hand.

Begin to feel the texture of the lemon's skin. The pits, the glossiness, the oval, smooth shape.

Now, lift the imaginary lemon to your nose and inhale it's perfume. Smell the lemony tang.

Now, listen as you break open the lemon at one end, hear the rind and flesh breaking.

Now, take a bite of the lemon. Taste it's sourness, it's bitterness, it's freshness.

Now drop the lemon onto the floor.

Take three deep breaths and come back to reality.

Now note, how real was the experience? Could you smell, taste, hear and visualise the lemon, clearly or indistinctly. Which senses were stronger?

People with very strong imagination, may even gag on the bitter taste of the lemon and experience the smell, sight and feel of the sour fruit strongly. Those with moderate imagination, will experience some, if not all of the senses, but, in a milder way. Those with inactive imagination, will have difficulty imagining or feeling the lemon, and have no experience of taste or scent.

Observant readers will note, that we have used the term, 'inactive imagination', rather than complete lack of imagination, as we believe the imagination can be reactivated, at any age. It is a natural tool available within each of us. We would recommend, that you work actively to promote your imagination, if you are serious about your spiritual journey and developing your psychic gifts.

There are many ways of helping to promote your imagination. Below, is a list of imagination boosters, for you to try.

Reading. Fiction concerned with unusual circumstances and places. Science fiction, fantasy stories, fairy tales and myths.

Movies. Fantasy, science fiction, historical dramas, children's films.

Amateur theatricals or acting classes. These promote the imagination, as you need, to take on different roles.

Art. Allow your imagination to help you paint, draw or sculpt unusual subjects, such as Angels, mythological characters, emotions, the future etc.

Music. Listen to imaginative New Age compositions and traditional classical pieces such as Peer Gynt's Hall of the Mountain King. Imagine scenes to fit the music.

Play. Play with children and animals. Let your adult restraint fly away.

Pretend you are some one else for an hour - a movie star, a fireman, an astronaut. Try to imagine, what they would feel, say, dress and act like.

Write short essays on purely imaginative subjects. What it would be like to be an Angel. How people will live in the year 3000 AD. How it feels to be a tree?

These are just a few suggestions. Use your imagination, to think of other ways of stimulating your imagination!

Don't worry, if at first it seems difficult. Little by little, you can learn to become more imaginative and even more important, enjoy it! Just remember, to always visualise *good* things happening to you. Never, imagine negative situations, failures and destructive incidents, or you will increase these in your life!

Begin, to imagine life *the way you would like it to be*. Imagine your soul mate. Imagine yourself

contented and fulfilled. Smell it, touch it, feel it, taste it, see it and hear it. Imagination can be the first positive step in changing your life, into one that you truly want! Once, your imagination is fully developed, you will also, find, spiritual exercises much easier to do and your psychic talents much easier to develop.

Chapter Two

A FAIRY HISTORY



For countless centuries, people of myriad cultures believed whole-heartedly in fairies and the faerie kingdoms. Today they have become merely a part of numerous children's stories and are taken lightly by most adults. Their origins however, are quite a different matter!

Fairies are fundamentally very different to human beings. They are capricious ethereal beings who can appear and disappear at will. They are often able to assume different shapes and forms at will, being seen as fairy lights, human shaped, tiny or large and grotesque. Located in the fourth dimension and fifth dimension they appear to us to be magical in their behaviour. However, would we not appear magical to a two dimensional being, (such as a tree who could not move), to have wondrous powers of movement and speech!

Fairies are often observed to behave differently to human beings. Their emotions are much more uncontrolled and basic. Hence tales of angry fairies who cast spells on unfortunate humans and who cause trouble and strife on unsuspecting victims. However, we like to look for the similarities between beings of all dimensions, so we are most intrigued when they behave like us and love and perform adventurous feats or fight, argue and behave humanly!

Fairies love the wooded and natural areas, particularly where streams, fields and large trees are found. A clan or group of fairies or elementals will oversee a particular glen, valley, forest or other nature spot. Their prime duties are to protect that region, dispel negativity, connect with nature and replenish areas with a higher energy. Very rarely will you find a fairy in the city or suburbia, unless there is a nature area nearby. Their unique energies are bound up with nature, Mother Gaia and the gemstone kingdoms.

Fairy rings, represented by a perfect circle of small toadstools, were often found in the woods by small children. It was believed that if a human walked in the centre of the fairy ring, they would be captured by the fairies and never returned.

Eating elfin food was also said to enslave a human for life, to the will of the small people. Entering an elf's cave or entering the fairy kingdom could also result in a person sleeping for many years under a fairy curse, as in the story of Rip Van Winkle. He entered a fairy hollow

as a young man, danced, ate and fell asleep, waking years later to find he was now an old man!

At one time humankind and the fairy kingdom lived peacefully, if a little cautiously, amongst each other. Each having it's own place and life style. Humankind wanted order and solidity, while the fairies wanted fluidity and capriciousness. As cities have grown and mankind lost it's way of living naturally, up at dawn and retiring at sunset, growing crops and living amongst forests and fields, so the fairies have retreated from his presence.

As man clustered together for security, he also began to fear the wild, unsafe, natural places which the fairies happily inhabited. So in time he began to fear and shun the fairy folk as well.

The word fairies is believed to come from the Latin words for fate, fatum or fatare - to enchant. Early people called the fairies, the Good People or the Gentry. Calling the fairies by name was considered a great taboo and could cause the fairy folk to retaliate with spite and mischief. In ancient times a name had great power and was not to be spoken lightly.

The fairies were broadly placed into two distinct categories - the Peasantry and the aristocracy. The peasants were single fairies or small clans of elementals who guarded the streams, forests, trees and forbidden places. They had some fairy powers of invisibility and shape changing, but were not often sighted by humans.

The Aristocracy however also known as trooping fairies, were a powerful race descended from the ancient Gods. They blessed the crops and trooped forward in large numbers at the eve of the change of the seasons. Some of them lived below the earth and were called Dockalfar or dark elves, while others lived in the bright sunlight and were called Liosalfar or Light Elves.

The word Elf is derived from a Nordic word alfar, related to the water and mountains. Elfs are much more earthy than fairies! The Scots called them The Seelie (the blessed) and the Unseelie Court (ghost like creatures). In Wales they were called the Tylwyth Teg - the fair family and in Ireland - Daoine Side and believed they lived in grassy knolls. Fairy warriors were known to the Irish as Tuatha De Dannan and were related to the fertility Goddess, Danu. They were known for their "fairness of form, skill in music and playing and delightful company!"



The High King of the fairies has been called Oberon or Dagda, father of all.

He was said to have enormous magical powers and was wise and highly intelligent. He was claimed to have a battle club which could slay nine men at a single blow, a magical cauldron which was never empty of food and he played a harp so skillfully, that he brought mortal men to tears or laughter.

The adventures and feats of the fairies and their interaction with humans have been recorded in folk songs, tales and dances. Fairy queens such as Titania and Mab have lifted the spells from mortals cursed by evil magicians, seduced mortals who took their fancy and imprisoned them for years, given humans magical gifts which brought them power and fortune and sought revenge on the faithless men who betrayed them.

Fairies and mortals often fell in love, though often their affairs did not always end happily. Angus the son of the Fairy King Dagda, dreamt and fell in love with beautiful woman, Caer, who smelt of apple blossoms and played a lute with a beguiling charm.



Her image visited him each night in his dreams and he became ill with love sickness. His father had his warriors search Ireland for the mysterious woman and after many months searching, they discovered that she was the mortal daughter of the King of Connacht who refused to let her go.

The fairies stormed the castle and after a long and bloody battle captured the king. However, he had no power to enforce Caer to go with them, as she had mighty powers, one of which was the power to turn into a swan at will.

Angus travelled to a large lake where Caer, in the form of a large white swan, swam with other swans. He asked her to marry him and she finally agreed, if he never asked her to leave the lake. At that, he turned into a large, white male swan and the two flew away happily together on their honeymoon. In time they returned to the palace and Caer lived joyfully with Angus. Occasionally they would both change shape and fly blissfully through the skies as two, snow-white swans.

Many humans willing left the harsh mortal realms and joined the fairies in their enchanted kingdoms. On May Day, it was considered good luck to glimpse the Irish Chieftan O'Donoghue who left his home and willingly disappeared into the Lake of Killarney, later he resurfaced and galloped across the waters accompanied by many fairy beings. For many centuries the human men and women could enter the fairy kingdoms and later return to their own more solid worlds, but in time the fairy portals closed and entry became difficult and return almost impossible.

Brownies

These are household goblins who attach themselves to certain families in Scotland. They are attracted to farms and rural buildings. They are hairy and brown coloured. They are good natured and enjoy performing tasks for humans, but become insulted if offered payment for

their services. Children can often see them.



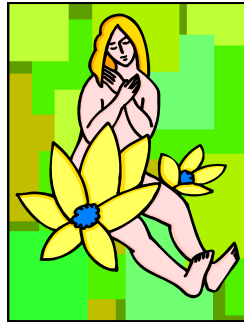
Leprechauns

These are the "little people" of Ireland and are often mischievous and play tricks on humans. They are believed to guard pots of gold and if tricked into being captured, can be compelled to hand the gold over to clever people. They are often called fairy shoe makers and have been glimpsed wearing bright clothing of red and green. They are known to enjoy Irish whisky and a good party!

Fairies can live for hundreds of years because they are primarily etheric in form rather than carbon based like us very grounded humans! They can sparkle like gas lights, take on human form when needed and fly through the air.



Like all the species on Earth, they originally came from the Lyra Constellation also known as the Harp, travelled to earth and chose their etheric structure and behaviour. As humankind continues to invade their private places and nature realms, the fairies are choosing on death, not to return to Earth in their next incarnations, and therefore their numbers are quickly decreasing. It is indeed tragic that humankind is quickly losing contact with this fabulous realm through ignorance and arrogance.



Chapter Three

NATURE DEVAS

Living as we do in a reasonably unspoiled area of mountains, valleys and creeks, Tony and I have been able on occasion to make contact with the nature elementals or nature devas in our region. They are a more earthy version of the fairies, but are still difficult to find, see and contact. They exist in a type of parallel reality to our own. They exist in every country in the world.

Again like the fairies, they are being displaced by humankind's invasion of their thousand year old sites and ritual areas. Similar to the White settlers treatment of the American Indians, the nature devas are being forced to recede ever further into the deserts of the U.S.A., bush land of Australia or thinning dark forests of Europe. The giant, ancient trees that they have formerly protected, are being cut down and the natural glens despoiled for housing and farming.

Instead of guarding one small area, as they have done in the past, they now cover large regions that are often dotted with housing estates and man's inroads. They normally do not desire contact with men and women, though sometimes show themselves to young children or sensitive spiritual people. They can often be seen as a shimmer of haze beside a tree or seen psychically with the inner mind. Here is a channelling by the Abbotts from an elemental girl who called herself Green Girl. She was around three foot tall, semi ethereal and bathed in a green light.



"Hello, I am Green Girl, I am happy to speak to you. Thank you for respecting my homeland, others do not. I oversee this region with my clan. We have done so for many thousands of years. Once it was beautiful and natural, but now man has despoiled it.

We are being forced back into the bush land, we are losing our old special sites, the trees felled. Do you not have a heart? A giant tree to us is like an elderly grandfather, a beloved friend! Many of us are not returning to your land, your Earth, for we are weary of the battle, saddened to our heart. Our gifts of replenishing the earth are not respected. We shall try in future lives, other unspoiled planets who treat us better. Open your hearts and minds and help us. Earth is our home too. Cultivate the green areas with sensitivity, talk to us, welcome us in. We shall respond, if it is not too late!"

You too, can learn to talk telepathically or psychically with nature spirits. An exercise will be given at the end of this ebook, that is suitable, easy and safe to do.

A personal story illustrates how these creatures can aid you in your everyday life. When Tony and I (Robyn) were planning to marry in early Spring, 1999, we wished to be married in front of a large cherry tree. We asked the dormant tree to bloom for that day, although it was rather too early to do so. Our mountains weather is well behind other regions, as it is so cold. We asked the nature devas to help. We wanted a warm day and a blooming pink/white tree.

We woke up to an uncommonly warm day and yes, the tree had burst into bloom! Thank you nature devas, it looked lovely in our wedding photos! You too can ask them permission for a warm day, a refreshing rainfall or for a particular plant to bloom at a special time.

It is important to understand that these gentle, reclusive creatures were created to help restore the balance of nature, keep the environment pure and help as mediators between humankind and nature. Unfortunately humankind has often the very opposite of these virtues and destroys for greed, power and profit, such as the destruction of the magnificent Amazon forests for cattle production.

Contacting these ethereal beings and helping them maintain the pristine places of nature, inspires us to be more loving, create Unity, become spiritually aware to other dimensions and creates spiritual and emotional growth as individuals. Open your eyes and ears and make contact!

An exercise for contacting elementals is included at the end of this ebook.



Chapter Four

Earth, Air, Wind and Fire

Many psychic and spiritual people believe that all life is made of the four basic elements: Earth, Air, Fire, and Water. These four earthly elements match the four directions of our physical world, north, south, east and west. Water and Earth are regarded as female (yin) energies while Fire and Air are (yang) male. The elemental beings are said to correspond to each of these four basic elements of earth life.



Gnomes and Trolls

Gnomes and trolls are elemental beings allied with the element of Earth. They represent the North. These heavy, dense beings who are generally invisible to humans, work with crystals, rock formations, minerals and hidden treasures. They often live in caves, mine shafts etc and are said to be truculent and gloomy in nature. They can however be loyal friends and brave in battle. They can be asked for help with financial problems, security and stability. Traditionally the king of the Goblins was called Gob. Trolls often guard river crossings, bridges and roads and may demand a fee to pass over them.

Sylphs, Air spirits

Sylphs are elemental beings allied with the element of Air. They represent the East. They work together in the formation of clouds, rainfall, snowflakes and wind. Sylphs are of the highest elemental vibration and are usually invisible to the naked eye. The sylphs live at the top of mighty mountains, trees, cliffs and clouds. Sylphs are connected to all activity of the

mind.

They inspire poets and artists to create beautiful images. They are often called muses. Sylphs are often seen as classically beautiful women, but they are aloof and cold in nature. Call upon them to help you with artistic inspiration and problems of the mind.

Undines, mermaids, Sirens and Nymphs

Undines are elemental beings allied with the element of Water. They represent the West. They may show themselves as water nymphs, sirens and mermaids. They are often found at rivers, lakes, ponds, the seas and oceans. They are often seductresses who can love and hate with great intensity. Mermaids and sirens were known to lure sailors to their deaths by enchanting them to ground their ships on rocks. They can be charismatic elemental counsellors to humans by helping us work on issues of love, lust, jealousy and hate.

Salamanders

Salamanders are elemental beings allied with the element of Fire which they first introduced to early humans. They represent the South. They are seen as fire balls, lightening strikes, marsh gas and St Elmo's fire. Fire elementals are also allied to heat, anger and passion.

They are connected to will power issues in humanity, particularly concerning the solar plexus chakra and the pelvic chakra. While they can be helpful in working with cleansing and clearing problems in these chakric areas, because they are often temperamental and quick to anger, they are often difficult to work with for any lengths of time.



*** A word of caution.** Always fully protect yourself in a golden auric egg of light before contacting these 4 elemental types and ask your personal guides to be beside you when contact is made. Some of these beings are temperamental or have ulterior motives. Just take sensible care and be guided by, not commanded by them.



Chapter Five

Mythological Characters

Every country has folk tales and myths concerning the local elementals and magical beings. Some are portrayed as kind and helpful, some as tricksters and with evil intent. Their world is not our own and their values are different to human values. We are seen as the interlopers, forcing our way into their precincts bringing modern technology, pollution, housing and cars. Is it any wonder that they have tried to defend themselves with their magical powers?

Unicorns

Unicorns are beautiful fairyland horses, usually snow white in colour with a single golden horn in the centre of their foreheads. They have the ability to fly through the air. Only pure maidens can ride a unicorn. They can defend themselves with their mighty hooves from attackers and those who would capture them. Legends of these fabulous creatures have come down to us from distant ages.

Dragons

Dragons are huge scaled creatures, lizard like, who live in hidden caverns and breathe fire. They are able to fly through the skies at will. They are often the enemy of man.

Giants

Giants are huge humanoid creatures over seven feet tall to 30 ft tall who are normally slow in movement and in mind. Evidence of giants on earth has been found in many countries and in many tales and legends. (See next chapter).



Satyrs

Satyrs are goat like creatures with a human body, but with the ears, horns, legs and tail of an animal. They represent the emotion of lust. They are noisy, carousing woodland creatures.



Genies

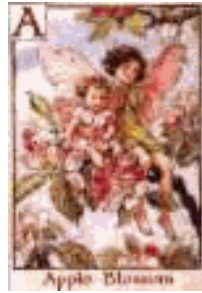
Genies are magical beings who lived in bottles and lamps in Arabia. They are able to grant the wishes of humans who command them. They are often full of tricks and unless a wish is perfectly worded, will grant the wish in an unexpected and unpleasant manner.

Chapter Six

ELEMENTAL BOOKS, MOVIES ETC



Many Australian children in the 20th century were raised on a steady diet of **May Gibb** stories of evil banksia men and bush fairies such as Bib and Bub and Snugglepot and Cuddlepie. Her deep love of the Australian outback and native plants, so different to the delicate European flora, frequently admired in most western cultures, was reflected in her animated pictures and sympathetic stories, which encouraged young Australians to have a respect and love for their native plants and native animals. She was awarded high honours by the Australian public and government. Her family home Nutcote was left to charities after her death in 1969.



Similarly the English writer and illustrator **Cecily Mary Barker** born in 1895 was famous world-wide for her exquisitely executed drawings based on fairies and flowers of Europe. Each flower had its own particular fairy guardian, dressed appropriately in the flowers colours and petals. The attention to detail is a joy to observe.

William Shakespeare's famous play *A Midsummers Night's Dream* clearly demonstrates the Elizabethan interest in the fairy kingdom. We are introduced to the King and Queen of the fairies and their amusing entourage including the comical Bottom whose head is turned into that of an ass.



Shirley Barber has written countless books on the fairy kingdom and animal world. Born on Guernsey, a small island in the English Channel, she had a wonderful natural introduction to the world of nature as a child. Her beautifully written and illustrated books encourage children to find security and affection for the flora and fauna of Europe and Australia. She now resides in Victoria, Australia.

Enid Blyton wrote many thousands of children's books during the 1930s, forties and fifties. Many concerning fairies and folk of the forest. Her *The Faraway tree* series was dearly loved by many children and amused many mothers and fathers who read the fascinating tales of the fairy folk to their small children.

Hans Christian Andersen was a Danish story teller and fairy tale writer born in the early part

of the 19th century. Born to poverty, his father was a shoemaker who died when he was young, he ran away to Copenhagen and was involved with the theatre and writing circles. His amusing and touching stories were loved by many European children. His classic tales have been retold thousands of times. A statue dedicated to his Little Mermaid story is located at the coastal town of Langelinie in Copenhagen.

The Brothers Grimm, Jacob Ludwig Carl Grimm born 1785, in Hanau, Germany and Wilhelm Carl Grimm born 1786, were brothers and successful lawyers who wrote numerous fairy tales to amuse, frighten and astound young children. Amongst their most famous tales are the classic stories of Cinderella, Red Riding Hood and Sleeping Beauty. These enduring favourite tales have enchanted children through 3 centuries.

J. M. Barrie wrote the wonderful stories of Peter Pan and his tribe of lost boys, Indians, fairies such as Tinkerbell, pirates and human children, Wendy, Michael and John. Peter Pan is the little boy who never grew up. Many pantomimes and movies have been based on his entertaining stories.

There are of course countless other fairy writers from many countries who bring communications from the fairy kingdom through verse and prose. We suggest that you suspend your adult persona for a while and enjoy many of the old children's books which once brought you and others so much joy.

Elemental/ Fairy Movies

These have lately become very popular themes for movies. Amongst the best are -

Fairy tale, a true story

The story of the Cottingley fairy mystery (see next chapter) two young girls with Arthur Conan Doyle investigating, discover the fairy world of rural England.

Rather long winded, but very good!

Photographing Fairies

An intriguing look at the effect the Devis or fairy world has on a photographer who has lost the love of his life and a group of English villagers. Interesting!

Good visual effects.

Lord of the Rings

The Lord of the Rings chronicle is a favourite heroic tale of many children and adults alike. This movie begins well with superb shots of the Hobbit's village and the characters introduced are likable and believable. The fairies are wonderful and ethereal. The monsters are both frightening and malicious. **However, it soon deteriorates into mindless war games, horror and repetition.**

Disappointing, could have been more elemental.

Harry Potter

Full of fun for the young starseeds, these films introduce you to many elemental beings, unicorns, giants and more.

Worth a look!

We encourage you to watch these movies to get a feel of the fairy world.

Chapter Seven

PROOF



Can anyone prove beyond doubt that fairies and elementals exist? Are they of the 4th dimension and therefore only visible to the sensitive? Below are some attempts at proving their existence.

Above is a photograph of the famous Cottingley Fairies which caused a sensation in England in the summer of 1917. Two young and innocent, middle class girls, Elsie Wright and her cousin, Frances Griffiths - showed to their mother, a photograph that they had taken of fairies in a beck or brook nearby their country home.

The amazingly detailed photographs captured the nation's imagination and many heated

debates followed the discovery. Photographic experts both denied and proved the authenticity of the photographs. Many rural people still believed in the "little people" and this seemed to prove their existence beyond doubt.

Sir Arthur Conan Doyle, the noted spiritualist and author of the popular Sherlock Holmes books, was convinced that finally proof of the fairies existence was established.

In her elderly years one of the girls, Elsie confessed that one of the photographs had been faked with paper cut out pictures of fairies from magazines. However, her cousin maintained to her death that one of the photographs was genuine.

Author Suza Scalora believes she has collected the evidence of fairies alive today, in *The Fairies: Photographic Evidence of the Existence of Another World*. Beautiful illustrations. Judge for yourself!

Evidence of Hobbits?

Archeologists have just discovered the remains of a tribe of tiny humans who lived on the island of Flores over 18,000 years ago. They have nicknamed them "The Hobbits". They appear to have lived in a large cave for over 80,000 years and fought kimoda dragons and 4ft high elephants for food.

Their skulls are only a quarter the size of our current human skulls, but they fashioned weapons and tools. The local Indonesian people call them the Abugogo (people who eat everything) and claim they existed up to 300 years ago in the wilderness, until they were wiped out by the locals who resented them stealing their food and babies!

Evidence of Giants

Giant skeletons, skulls and artifacts have been discovered by archeologists all around the earth giving physical proof to the ancient stories of giants such as Goliath in the Old Testament. Here are some locations and sizes of the skeletons found.

White County Tennessee - 7ft skeletons found in an ancient fortification.

Ashland County Ohio - a 9ft 8 inch skeleton was found.

Nevada huge - red-haired skeletons 8ft-10ft were found wrapped in egyptian like mummy wrappings.

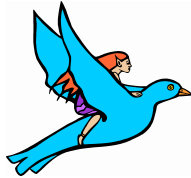
Minnesota, Nevada and Pennsylvania have also their share of giant bones.

In Australia we also have our share of these giant human remains. People called "meganthropus" by anthropologists. These people were of very large size--estimated between 7 to 12 feet tall. At Bathurst the fossilized tools of a number of huge beings, too heavy for current usage, have been found, plus the tooth of a giant human. Similar beings remains have been found in China.

The petrified footprints of huge human beings have also been discovered in Africa, Australia

and England.

Normally fairies, hobbits, giants and elementals evade the camera and the person seeking "scientific proof". They are an experience to be savored, not captured as hard evidence. Why not seek your own encounter?



Chapter Eight

TUNING INTO THE FOURTH DIMENSION

It is possible to psychically tune yourself into the fourth dimension and to begin gradually to see these ethereal creatures that we are investigating. Below is an exercise to enable you to begin opening up your clairvoyant and clairaudient abilities.

Clairvoyance

Clairvoyance is the ability to see spirits using your psychic abilities. Often when viewed with the eyes open, they appear very indistinct, ethereal or merely as coloured light. With the eyes closed and using your mental powers, you can easily see their features, outline etc. very clearly. The more you practice "seeing" spirits, the clearer they will become to you.

Clairsentience

Clairsentience is the ability to feel spirits using your psychic abilities. Often you will feel or sense them around you as cool breezes or warmth. With the eyes closed and using your mental powers, you can soon learn to easily locate their presence. The more you practice "feeling" spirits, the more distinct they will become to you.

Clairaudience

Clairaudience is the ability to hear spirits using your psychic abilities. Often they will whisper to you a phrase or call your name. With the eyes closed and using your mental powers, you can easily learn to hear them very clearly. The more you practice "hearing" spirits, the clearer they will become to you. If their voices are too indistinct or too loud, ask them to moderate or turn up the volume!

Clairolfactory

Clairolfactory is the ability to smell spirits using your psychic abilities. Often they give off beautiful aromas. With the eyes closed and using your mental powers, you can easily learn to

smell who has arrived to speak to you. They will often smell of the flowers or plants that they represent.

Note** Not everyone is psychically visual - clairvoyant. You may excel at clairsentience - sensing a situation without pictures or clairaudient - hearing incidents around you. Some people also smell odors strongly - this is called the clairolfactory ability. Practice will improve all senses.

Many people discover that when they begin to open themselves to the 4th Dimension, these abilities become sharper and more stronger in nature. They begin to sense beings that are not in human or animal physical 3D state. You may not be able to touch these beings or if you do, they will be cold and ethereal to the touch.

They may appear wispy and floaty, not solid like third dimensional objects, but there, never the less! The voices of these ethereal creatures may be gentler, softer and more melodious than our own and may be heard in your mind rather than be heard by your ears. This is typical 4th dimensional contact.

We suggest that you try this exercise below, when you are in a receptive frame of mind and afterwards record your findings. Why not start a Fairy Journal! An exercise book with a picture of a fairy on the front will suffice. Personalise it, as you like.



OPENING YOURSELF TO THE 4TH DIMENSION

Begin this exercise with a short meditation of ten minutes.

When you are nicely relaxed begin this exercise.

We suggest that you practice the following exercise once a day, until you can do it easily. This should take 20 minutes at first. You may like to record it on a cassette tape and replay it, to aid you. (Reading the text is distracting.)

Imagine surrounding yourself in a golden/white light shaped like an auric egg with you in the centre. This is your aura of protection.

Close your eyes and breathe three deep breaths. Relax.

Begin to slowly relax your head. If a muscle feels tight, tighten it further, then relax it.

Begin to slowly relax your neck.

Begin to slowly relax your shoulders.

Begin to slowly relax your chest. Breathe slower and lighter.

Begin to slowly relax your back. If a muscle feels tight, tighten it further, then relax it.

Begin to slowly relax your upper arms.

Begin to slowly relax your elbows.

Begin to slowly relax your hands and fingers.

Begin to slowly relax your stomach and lower back. If a muscle feels tight, tighten it further, then relax it.

Begin to slowly relax your thighs and pelvis.

Begin to slowly relax your upper legs.

Begin to slowly relax your knees and lower legs.

Begin to slowly relax your feet and toes.

Now allow all the stored energy in your body to drain out from your fingers and toes into space. Visualize it as a green energized light.

Relax.

Still your mind.

*Imagine that you are standing before a large pool of crystal clear water in a beautiful garden of colourful flowers and tall, graceful trees,. This is a special sacred pool that allows you to see **THE FOURTH DIMENSION**. The surface may seem cloudy at the moment, but in time you will see images and hear sounds.*

A beautiful angelic guide comes and stands beside you. You tell this special friend that you are trying to see and communicate with beings in the fourth dimension. You ask the guide to help you have this positive experience. The angelic guide agrees with a smile.

Now Relax. Look deeply into the pool of still water. You ask that you have an encounter with a joyful, positive being from the fourth dimension. Relax. Look into the pool, images will begin to appear. Take time to view them. Do not try to analyze them now, just remember them for later. Try to get a sense of who is involved with you in this happy moment. Ask for a name and

remember what pops into your mind. Maintain this calmness for ten minutes.

Then -

Begin to slowly tighten your head.

Begin to slowly tighten your neck.

Begin to slowly tighten your shoulders.

Begin to slowly tighten your chest.

Begin to slowly tighten your back.

Begin to slowly tighten your upper arms.

Begin to slowly tighten your elbows.

Begin to slowly tighten your hands and fingers.

Begin to slowly tighten your stomach and lower back.

Begin to slowly tighten your thighs and pelvis.

Begin to slowly tighten your upper legs.

Begin to tighten your knees and lower legs.

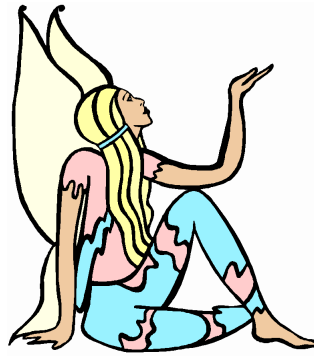
Begin to tighten your feet and toes.

Take three deep breaths and open your eyes.

Do not get up quickly! Or you may feel dizzy.

Practice this exercise until you begin to see the scene more clearly, if possible once a day for one week. Make notes on your discoveries!

Now you may be ready to contact a specific type of elemental being. Choose one that you are drawn to from our writings above. We would suggest at first, a gentle being such as a fairy or nature deva, rather than a goblin or fire elemental. You can work up to the more temperamental types!



CONTACTING A FAIRY, NATURE DEVA OR ELEMENTAL

Begin this exercise with a short meditation of ten minutes.

When you are nicely relaxed begin this exercise.

We suggest that you practice the following exercise at least once a week or more, until you can do it easily. This should take 20 minutes at first. You may like to record it on a cassette tape and replay it, to aid you. (Reading the text is distracting.)

Sit in nature in front of a tree, bush or flower.

Imagine surrounding yourself in a golden/white light shaped like an auric egg with you in the centre. This is your aura of protection.

Close your eyes and breathe three deep breaths. Relax.

Begin to slowly relax your head. If a muscle feels tight, tighten it further, then relax it.

Begin to slowly relax your neck.

Begin to slowly relax your shoulders.

Begin to slowly relax your chest. Breathe slower and lighter.

Begin to slowly relax your back. If a muscle feels tight, tighten it further, then relax it.

Begin to slowly relax your upper arms.

Begin to slowly relax your elbows.

Begin to slowly relax your hands and fingers.

Begin to slowly relax your stomach and lower back. If a muscle feels tight, tighten it further, then relax it.

Begin to slowly relax your thighs and pelvis.

Begin to slowly relax your upper legs.

Begin to slowly relax your knees and lower legs.

Begin to slowly relax your feet and toes.

Now allow all the stored energy in your body to drain out from your fingers and toes into space. Visualize it as a green energized light.

Relax.

Still your mind.

Open your eyes now, and gaze at the flower, tree or bush. Do not directly stare but gentle gaze around the edges of the floral object.

Ask for the nature deva, fairy or elemental of that particular plant or area in which the plant grows, to come and make him/herself shown to you.

A beautiful elemental will appear in time, close to the plant. The figure may be hazy and indistinct. You mentally tell this special friend that you are trying to see and communicate with the guardian of this tree or plant. You ask the elemental guide to help you have this positive experience.

Now Relax. Look allow any messages from this being to come into your mind. Take time to listen to them. Do not try to analyze them now, just remember them for later. Try to get a sense of who is involved with you in this happy moment. Ask for a name and remember what pops into your mind. Try a mental dialogue with this devic being. Maintain this calmness for ten minutes.

Then say farewell and state that you would like to speak with him/her another time.

Then close your eyes and -

Begin to slowly tighten your head.

Begin to slowly tighten your neck.

Begin to slowly tighten your shoulders.

Begin to slowly tighten your chest.

Begin to slowly tighten your back.

Begin to slowly tighten your upper arms.

Begin to slowly tighten your elbows.

Begin to slowly tighten your hands and fingers.

Begin to slowly tighten your stomach and lower back.

Begin to slowly tighten your thighs and pelvis.

Begin to slowly tighten your upper legs.

Begin to tighten your knees and lower legs.

Begin to tighten your feet and toes.

Take three deep breaths and open your eyes.

Do not get up quickly! Or you may feel dizzy.

Practice this exercise until you begin to see the scene more clearly. Make notes on your discoveries!

Later when you have made extended contact with the gentler beings, you might like to contact other elemental beings for short periods, but always remember to have communication with them, not be unduly influenced or commanded by them.

We hope that you have enjoyed this small fairy ebook and it's stories of goblins, fairies, elementals and more. The Universe is a wonderful and varied place, peopled with beings of all dimensions and types. Open up your heart and mind and truly explore the possibilities!

Love and light

Robyn & Tony Abbott

The Abbotts

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